

PMEX UPDATE

SELL

CRUDE10-JY26
 87.60 -1.46%
 Expiry 19/Jun/26
 Remaining 21 Days

Entry	88.08 - 87.6
Stoploss	88.95
Take Profit	86.88 - 86

BUY

NGAS1K-Jy26
 3.3410 1.70%
 Expiry 25/Jun/26
 Remaining 27 Days

Entry	3.31 - 3.34
Stoploss	3.27
Take Profit	3.42 - 3.45

BUY

GO10Z-AU26
 4,560.50 0.62%
 Expiry 29/Jul/26
 Remaining 61 Days

Entry	4545 - 4552
Stoploss	4530.00
Take Profit	4565 - 4585

BUY

SL10-JY26
 75.82 -2.05%
 Expiry 26/Jun/26
 Remaining 28 Days

Entry	76.55 - 76.68
Stoploss	76.02
Take Profit	77.13 - 77.43

BUY

PLATINUM5-JY26
 1,927.70 0.02%
 Expiry 26/Jun/26
 Remaining 28 Days

Entry	1937 - 1940
Stoploss	1928.00
Take Profit	1948 - 1954

BUY

COPPER-JY26
 6.3983 -0.43%
 Expiry 22/Jun/26
 Remaining 24 Days

Entry	6.35 - 6.37
Stoploss	6.33
Take Profit	6.41 - 6.44

BUY

ICOTTON-JY26
 76.26 -0.66%
 Expiry 22/Jun/26
 Remaining 24 Days

Entry	77.11 - 77.41
Stoploss	76.35
Take Profit	78.01 - 78.48

BUY

DJ-JU26
 50,880 0.27%
 Expiry 17/Jun/26
 Remaining 19 Days

Entry	50865 - 50890
Stoploss	50784.00
Take Profit	50992 - 51051

BUY

SP500-JU26
 7,591 0.12%
 Expiry 17/Jun/26
 Remaining 19 Days

Entry	7555 - 7566
Stoploss	7538.00
Take Profit	7580 - 7590

BUY

NSDQ100-JU26
 30,335 0.09%
 Expiry 17/Jun/26
 Remaining 19 Days

Entry	30388 - 30428
Stoploss	30256.00
Take Profit	30506 - 30584

SELL

GOLDUSDJPY-JY26
 159.26 0.01%
 Expiry 26/Jun/26
 Remaining 28 Days

Entry	159.22 - 159.18
Stoploss	159.38
Take Profit	159.11 - 159.01

BUY

GOLDEURUSD-JY26
 1.1646 -0.03%
 Expiry 26/Jun/26
 Remaining 28 Days

Entry	1.1643 - 1.1651
Stoploss	1.163
Take Profit	1.1662 - 1.1672

PMEX UPDATE

Major Headlines

Oil prices fall as market awaits possible US-Iran ceasefire deal

Oil futures fell nearly 2% on Friday and were on track for their steepest weekly decline since early April after reports that the U.S. and Iran had reached agreement on a potential ceasefire extension. Brent crude futures for July, which expire today, were down \$1.66, or 1.77%, at \$92.05 a barrel by 1059 GMT. The more active August contract was down \$1.63, or 1.76%, at \$91.07. WTI U.S. oil futures were down \$1.55, or 1.74%, at \$87.35. [see more...](#)

Gold clings to gains above \$4,500; upside seems limited on firmer USD, Fed bets, Iran risks

Axios, citing two US officials, reported that the US and Iran have reached a draft agreement to extend the ongoing ceasefire for 60 days. This eases concerns about a prolonged disruption to oil flows through the region and keeps Crude Oil prices depressed near the monthly trough, tempering rate hike expectations. Furthermore, the latest optimism undermines the US Dollar's (USD) reserve currency status, which, in turn, is seen as acting as a tailwind for the Gold price. [see more...](#)

Wall St futures steady as investors await Mideast deal updates; Dell soars

U.S. stock index futures were steady on Friday, after closing at record highs in the previous session, with markets awaiting details on reports that the U.S. and Iran had reached a deal. Sources told Reuters that Washington and Tehran had agreed to extend their ceasefire and lift restrictions on shipping through the Strait of Hormuz, but President Donald Trump was yet to approve it. "Risk appetite has improved as geopolitical fears ease and inflation data avoids a major upside surprise [see more...](#)

USD/JPY Price Forecast: Sees more upside towards 160.70

The USD/JPY pair trades marginally higher to near 159.32 during the Asian trading session on Friday. The pair edges up as the Japanese Yen (JPY) trades cautiously, following the release of the Tokyo Consumer Price Index (CPI) data for May and verbal intervention warning from Japan's Finance Minister (FM) Satsuki Katayama. Tokyo's CPI ex. Fresh Food, which is closely tracked by Bank of Japan (BoJ) officials, arrived lower at 1.3% Year-on-Year (YoY), lower than estimates and the previous reading of 1.5%. [see more...](#)

Euro hesitates below 1.1650 as US-Iran tensions escalate

The Euro (EUR) remains flat against the US Dollar (USD) for the second consecutive day on Tuesday, trading at 1.1645 at the time of writing, after bouncing up from 1.1624 highs. The pair is lacking a clear direction this week, with investors wary of taking excessive risks, awaiting clarity from the US-Iran conflict. Market sentiment suffered a setback on Tuesday, amid news reporting US attacks on military targets in Southern Iran, which have been considered "defensive" by US authorities. Iran's Supreme Leader, Mojtaba Khamenei [see more...](#)

USD Dollar Index (DXY) Price Forecast: Clings to gains above 99.00, near 23.6% Fib.

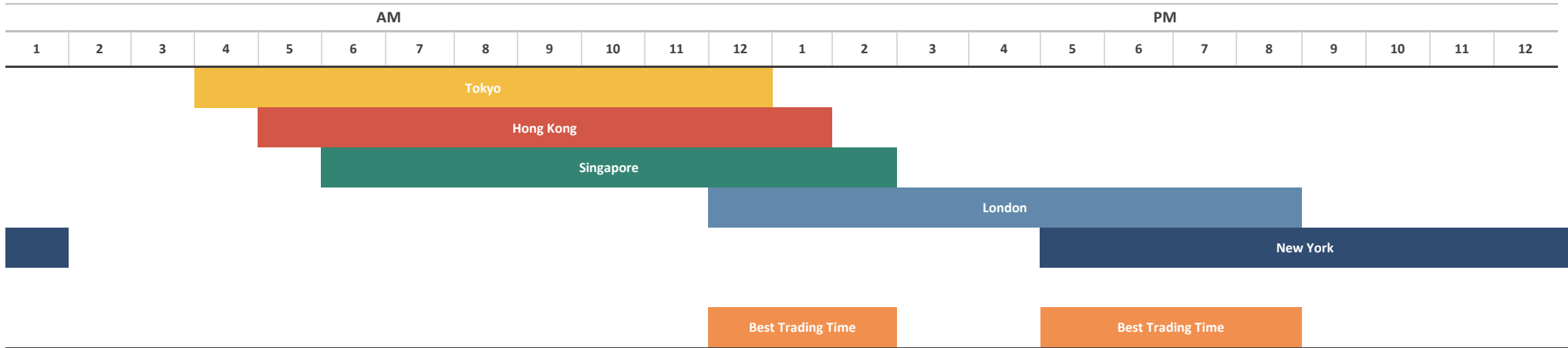
The US Dollar Index (DXY), which tracks the Greenback against a basket of currencies, regains positive traction on Tuesday and reverses part of the previous day's slide to a one-week low. The index sticks to modest gains through the early European session and currently trades just above the 99.00 mark, up over 0.10% for the day. The optimism over a potential US-Iran peace deal fades rather quickly amid reports that US forces conducted self-defense strikes in southern Iran [see more...](#)

Economic Calendar

Event	Date	Time	Currency	Importance	Actual	Forecast	Previous
Chicago PMI (May)	29/5/2026	6:45 PM	USD	High volatility		50.6	49.2

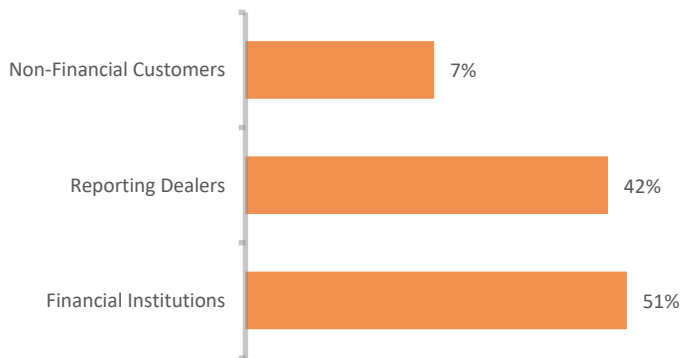
FOREX MARKETS' STATISTICS

Forex Market Hours

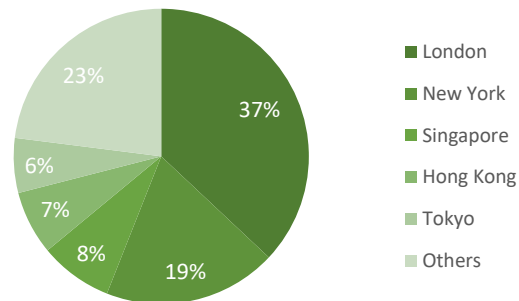


Note: This chart shows the normal forex trading times of all the major forex trading centers across the globe in Pakistan Standard Time.

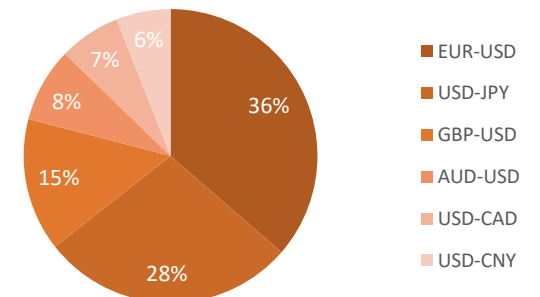
Forex Turnover by Counterparty



Markets' Share in Total Forex Turnover



Most Traded Currency Pairs



Sources: ACPL Research, Forexmarkethours, Dailyfx, Ig

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DISCLOSURE

Following exchange rates are used to convert investment and profit values:

- USD/PKR: 280.10
- JPY/PKR: 1.97

To arrive at our Target Price, Abbasi & Company (Private) Limited uses following methods:

- Technical Analysis
- Fundamental Analysis

Furthermore, profit and returns are inclusive of all expenses including PMEX Fee, ACPL Fee & Sales Tax

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